

ABSTRACT

A method and an apparatus for three dimensional, accurately controllable and user customizable massaging are provided. The apparatus includes actuators for three-axis movement of massage bumps, a pressure sensor and a temperature sensor. Pre-configured massaging curves which are followed by the massage bumps are provided and a user may select and further customize the curves. Also the curve may be adjusted by measuring the body contour of a user and incorporating the measured curve into existing curves. The massaging curve includes acupressure operations and heat treatment operations.